



Wood Memorial JR High Lunch

August 2017

31

side items

1

side items

2

side items

3

side items

4

side items

7
Daily Offerings
 Make Your Own Deli Sandwich
 Make Your Own Salad
 Pizza

Hot Sandwiches

side items

8

side items

9
General Tso Chicken
 NEW - Taco Bar Daily
 Sausage Pizza

Sweet Golden Corn, Fresh Fruits & Veggies, Milk

side items

10
Chili Mac
 Fish Sandwich

Green Beans, Fresh Fruits & Veggies, Milk

side items

11
Country Fried Steak w/ Gravy & Roll
 Chicken Bacon Ranch Pizza

Mashed Potatoes, Fresh Fruits & Veggies, Milk

side items

14
Chicken & Noodles
 Taco Pizza

Cooked Carrots, Fresh Fruits & Veggies, Milk

side items

15
Meatball Sub
 Grilled Chicken Sandwich

Baked Beans, Fresh Fruits & Veggies, Milk

side items

16
Chicken Strips w/Roll
 Sausage Pizza

Mashed Potatoes, Fresh Fruits & Veggies, Milk

side items

17
Chicken Parmesan
 Fish Sandwich

Green Beans, Fresh Fruits & Veggies, Milk

side items

18
Jambalaya
 Chicken Bacon Ranch Pizza

Corn, Fresh Fruits & Veggies, Milk

side items

21
Pancakes w/Sausage
 Taco Pizza

Tater Tots, Fresh Fruits & Veggies, Milk

side items

22
Fish w/Mac & Cheese
 Grilled Chicken Sandwich

Corn, Fresh Fruits & Veggies, Milk

side items

23
Salisbury Steak w/Gravy & Roll
 Sausage Pizza

Mashed Potatoes, Fresh Fruits & Veggies, Milk

side items

24
BBQ Chicken Flatbread
 Fish Sandwich

Baked Beans, Fresh Fruits & Veggies, Milk

side items

25
Chicken Alfredo
 Chicken Bacon Ranch Pizza

Green Beans, Fresh Fruits & Veggies, Milk

side items

28
Chicken Leg w/ Mac & Cheese
 Taco Pizza

Baked Beans, Fresh Fruits & Veggies, Milk

side items

29
Pasta w/Meat Sauce
 Grilled Chicken Sandwich

Green Beans, Fresh Fruits & Veggies, Milk

side items

30
BBQ Pork Riblet
 Sausage Pizza

Cooked Carrots, Fresh Fruits & Veggies, Milk

side items

31
Popcorn Chicken Mashed Potato Bowl
 Fish Sandwich

Corn, Fresh Fruits & Veggies, Milk

side items

1
Sweet & Sour Chicken
 Chicken Bacon Ranch Pizza

Broccoli, Fresh Fruits & Veggies, Milk

side items

Menu Subject to Change

Your Cafeteria Staff is Committed to Providing Safe, Nutritious Food, Prepared Fresh Daily.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk



Offered Daily

Cheese & Pepperoni Pizza, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich, Chicken Nuggets or Chicken Strips, Tater Tots or French Fries, Fresh Fruits and Vegetables

Featured Whole Grains



Assorted Milks Offered Daily

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

